

JINDAL COLLEGE FOR WOMEN

(Managed by Pragun Jindal Philanthropic Organization)
Jindal Nagar, Tumkur Road, Bengaluru – 560073



NATIONAL SERVICE SCHEME (NSS)

ANNUAL REPORT

(2021-22)

The **National Service Scheme (NSS)** is an Indian government-sponsored public service program conducted by the Ministry of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year, 1969. Aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community linkage. The overall objective of National Service is Educational. This objective is attained through the service to the community.

ACTIVITIES CONDUCTED

Regular Activities:

NSS Day Celebration and Online and Offline Orientation program:

On 27th September 2021 NSS Committee organized NSS day celebration and online orientation program for I Year NSS Volunteers, Principal gave introduction of the NSS activities and NSS Programme Officer briefed about the importance, role and responsibility of NSS Volunteers, activities of NSS, working for a campus-community linkage and selection procedure.

Selection process:

On 30th September NSS committee conducted selection process for I year students through cultural, self introduction and swachatta activities.

Gandhi Jayanthi Celebration and Swachatta Activity:

On 1st October 2021, on account of Gandhi Jayanthi JCW NSS Unit conducted clean India programme by NSS volunteers. (95 NSS Volunteers involved in swachatta activity in college campus. On 2nd October 2021, JCW NSS Unit Celebrated Gandhi Jayanthi.

Republic Day Celebration:

Republic day was celebrated on 26 January 2022. Dr. Sitaram Jindal, ND, DSc, founder of Jindal Aluminium Limited, Patron & Chief Architect of the Sitaram Jindal Foundation, its associate Trusts, Mr. Pragn Jindal Khaitan serves as a Trustee of Sitaram Jindal Foundation took part in the celebration. Prof. Veena T hoisted the Flag. All NSS volunteers, Faculty and Students were present in the program and NSS volunteers performed Yoga.

Dr. B R Ambedkar Jayanthi Celebration:

Ambedkar Jayanti or Bhim Jayanti is an annual festival observed on 14 April to commemorate the memory of B. R. Ambedkar, Indian polymath and civil rights activist. It marks Dr. Babasaheb Ambedkar's birthday who was born on 14 April 1891. Ambedkar Jayanti is celebrated not just in India but all around the world. Ambedkar struggled for equality throughout his life, hence his birthday is celebrated as 'Equality Day' in India, and the demand to declare this day as "International Equality Day" goes to the United Nations. On 14th April 2022, JCW NSS Unit Celebrated Dr. B R Ambedkar Jayanthi.

International Yoga Day:

Yoga is essentially a spiritual discipline based on an extremely subtle Science, which focuses on bringing harmony between mind and body. It is an art and science for healthy living. The **International Yoga Day** was celebrated virtually on 21 June 2021. The theme of "Yoga for well-being", during the pandemic situation was focused on. Students of JCW and all staff of UG and PG performed various asanas which marked the event , Students were involved in the event through virtual mode.

On 21st June 2022 Jindal College celebrated 8th International Day of Yoga. It was attended by many prominent professors and students from the college with Great Spirit. The event began with a brief introduction on Yoga Day by Ms. Anni and by welcoming the Guest of honor Mr. Rajeev, Yoga Teacher, Jindal Nature Care. He addressed the participants on the importance of yoga practice in our life.

Warm up exercises were taken and all the students practiced and performed sitting and standing asanas, importance of these asanas were explained simultaneously. The celebration concluded with the speech of our Hon'ble Principal Prof. Veena T. She encouraged students to practice yoga regularly to remain fit and improve concentration. The Yoga Day celebrations ended with a huge success under the supervision of the Physical Education Department.

Program Outcome:

Cadets came to know how practice of regular yoga helps to remain fit and improve their concentration.

Conducted Competitions on account of AZADI KA AMRUTH MAHOTSAV

76th Independence Day:

On 13th of August NSS Unit In association with Department of Physical Education organized competitions for PU and UG students and on account of AZADI KA AMRUTH MAHOTSAV 76th Independence Day Competitions such as on the spot painting, Singing and Pencil Sketch was conducted.

Independence Day:

On 15th Aug 2022, Independence Day celebration in our college ground started with the National Anthem followed by Flag Hoisting. Flag hoisting was done by Mr D N Singh, Administrative Officer, JNI, Prof. Veena T, Principal, Staff and students of Jindal College for Women. NSS Volunteers, NCC cadets. JCW students participated in parade by March past with discipline and dignity. NSS Volunteers performed patriotic dance which exhibited the Nationality and dedication.

Program Outcome:

All participants gained the knowledge about the importance of Independence Day and were motivated towards serving our nation and lives.

Swachha Ta Hi Seva (Sharmadhan Regular Activities):

Swachha Ta Hi Seva and it also called as the Clean India Mission or Clean India drive or Swachh Bharat Campaign. It is a national level campaign run by the Indian Government to cover all the backward statutory towns to make them clean. Under this NSS Unit volunteers have done regular sharmadhan activities in our college campus, out of the college, road sides, college bus stops, park area and college surrounding slum area.

- On 30th November 2021, JCW NSS Unit conducted Regular NSS activity at Jindal campus. (70 NSS Volunteers involved.)
- JCW 78 NSS Volunteer's of various streams volunteered Regular swachatta activities at our college premises on 12/02/2022.
- JCW 85 NSS Volunteer's of various streams volunteered Regular swachatta activities at our college premises on 12/03/2022.
- On 30 may 2022, JCW NSS Unit conducted Regular NSS activity at Jindal campus. (70 NSS Volunteers involved.)
- JCW 78 NSS Volunteer's of various streams volunteered Regular swachatta activities at our college premises Bus stops on 3/6/2022.
- On 9th July 2022 college NSS unit organized Swachatta activities in college surrounding.

Extension Activities:

Conducting II Dose Vaccination Drive at College:

On 29th Sep 2021, Vaccination Drive was organized for college students and staff with the help of PHC, Makli. 350 students and staff were vaccinated.

Activity on Under Single Usage Plastic Ban:

On 9th October 2021, NSS Unit of JCW conducted under single usage plastic ban NSS volunteers prepared news paper bags.

Constitution Day:

Constitution Day (IAST: Samvidhāna Divasa), also known as "National Law Day", is celebrated in India on 26 November every year to commemorate the adoption of the Constitution of India. On 26 November 1949, the Constituent Assembly of India adopted the Constitution of India, and it came into effect on 26 January 1950. On account of Constitution day our NSS unit celebrated to commemorate the adoption of the Constitution of India and to honour and acknowledge the contribution of Founding Fathers of the Constitution.

Webinar on “End Inequalities” International World Aids Day:

On 01st Dec 2021, JCW NSS Unit organized virtually the observance of “International World AIDS Day” on the theme of “End Inequalities”. Dr. Karthavya, Prakriya Hospital, Bengaluru was the Chief Guest. All NSS Volunteers, Staffs and Students of college attended the programme.

Awareness rally on World Aids Day:

World AIDS Day, designated on 1 December every year since 1988, is an international day dedicated to raising awareness of the AIDS caused by the spread of HIV infection and mourning those who have died of the disease. On account of “World AIDS Day” NSS unit organized awareness about AIDS through rally at Chikkabidirakallu, NH-4 road side and Jindal Surrounding. All NSS volunteers participated in AIDS awareness Rally in public.

Virtual National Youth Day Celebration on the topic of “Management Lessons from the Life of Swami Vivekananda”:

National Youth Day was celebrated on 12th January 2022 to mark the birth anniversary of Swami Vivekananda. The guest who chaired the programme was Mr.B B Venkatesh. Professor, Institute of Finance and International Management on the topic of “*Management Lessons from the Life of Swami Vivekananda*” gave inspiring talk on life history of Swamy Vivekananda, His birth, childhood days and his teachings.

World Environment Day: The theme “Only One Earth”, with focus on “living sustainable in harmony with nature.”

On 4th June NSS Unit organized an awareness program on the occasion of World Environment Day. Students and Faculty members participated with great enthusiasm. Principal Prof Veena T Inaugurated “Vanamavotsa” by handing over sapling to a student. The objective of this program was to spread awareness among people about saving our environment from various pollution and to plant more and more saplings to make our mother earth lively with greenery and motivate others to adopt a green lifestyle.

20 NSS Volunteers and Eco club members planted saplings at Boodihal village with the help of Forest Department, Bengaluru Rural and created awareness about environment protection.

Program Outcome:

Volunteers came to know how to engage themselves in protecting mother earth.

World No Tobacco Day:

On 07th June 2022 “World Anti Tobacco Day 2022” was observed by our NSS unit through rally which aimed to raise awareness among the public about the negative impacts of tobacco on health.

Program output:

35 NSS Volunteers were involved and created awareness and raised the voice against consumption of tobacco at anchapalya and surrounding.

Self Defence Training:

JCW College Women Empowerment cell, Physical Education Department, NSS, NCC, in association with IQAC conducted one week Self Defence Training activity from June 12th to 19th 2022. Kum. Nirmala H and Kum. Kavyashree Thoplkatti, Black Belt trained the volunteers and students on how to defend in tough situations through simple techniques.

Conducted Covid 19 Booster Dose:

National Service Scheme (NSS) unit of Jindal College for Women collaboration with IQAC organized Covid 19 Booster dose vaccination drive on 17/08/2022 and 21/08/2022 for I II & III year Degree students. With the help of Public Health center, Makali, Bengaluru, total 520 no of students and staffs are benefited.

Conducted awareness programme on topic “PERIOD PHASE PROTECTION”

On 9th July 2022 college NSS unit organized awareness programme on topic “PERIOD PHASE PROTECTION”. Ms. Tanya Meshram, Art Director at Target Corporation was the Key note speaker.

Conducted rally under “HAR GHAR TIRANG ABHIYAN”.

On 13th August 2022 College NSS unit organized rally under “HAR GHAR TIRANG ABHIYAN” programme Nagasanda metro station to College, our college 20 NSS volunteers took part in THE event.

NSS Volunteers represented “HAR GHAR TIRANG ABHIYAN” Programme at Vidhana Soudha.

On 13th August 2022 Bangalore University NSS Cell organized “HAR GHAR TIRANG ABHIYAN” program at Vidhana Soudha. our college 20 NSS volunteers take part in event.

Conducted Aadhar card updating:

On 18/08/2022 College organized Aadhar card updating for PU I & II year, I, II & III year Degree students. With the help of Aadhar Seva Kendhra, Gandhi Nagara, Bengaluru - 9, total 70nos of students and staffs were benefited.

Annual Special Camp:

From 23/07/2022 to 29/07/2022 college NSS unit organized 7 Days Annual Special camp at Honnarayanahalli, Arebommanahalli (GP), Nelamangala (P), Bangalore Rural

(D). In Camp site we organized cleaning activities, awareness programmes, Health checkups camp - Eye and Dental checkups etc...

Day 1- Inauguration by All Senior leaders of Honnarayanahalli Village

Day 2 - of camp started with yoga and field work by NSS volunteers after that special lecture by Smt. Paramajyothi about “Women Health and Management.

Day 3 - of camp started with yoga and field work by NSS volunteers after that special lecture by Dr.Anitha , Chemistry Dept , JCW about “Health and Hygiene.

Day 4- of camp started with yoga and campaigning of Free Dental Camp by NSS volunteers. Dental camp was successful with the help of MCH. After that special Lecture by Mrs.Veeana K Anandh, Dept. of Commerce on “Child Marriage”.

Day 5- of camp started with yoga and field work done in the Shivagange historical place by NSS volunteers after that special speech by Sri. Sha. Bra. Dr. Malayashanthamuni Sivaacharya Swamigalu, Melangavi matta, Shivagange about Personality Development and Moral values.

Day 6- of camp started with yoga and campaigning of Free Eye Checkup Camp by NSS volunteers. Eye check up camp was successfully with the help of MCH after that special lecture by Smt. Divya, English Dept about Women Empowerment.

Day 7- of Annual Special Camp Valedictory session was chaired by Sri. Rajeev A, Police Inspector, Bangalore Rural District, Prof. Veena T, Principal, JCW, NSS PO, and NSS Coordinators and 50 NSS Volunteers through sapling the plant.

The camp was beneficial in developing the overall personality of the students such as moral values, co-ordination, cultural development, handling the critical situations, leadership qualities and shouldering responsibility.

SPECIAL ACTIVITY

Represented National Integration Camp (NIC)

Kum.Vinutha Yadav II B.Com represented National Integration Camp (NIC) held at Hassan Medical College, Hassan, Karnataka from 22/05/2022 to 28/05/2022.

PHOTO ALBUM

Conducting II Dose Vaccination Drive at College





Swachatta Activity at our College Surrounding



Republic Day Celebration



Constitution Day Celebration

 **Pragun Jindal Philanthropic Organization**
JINDAL COLLEGE FOR WOMEN
(Recognised by Govt. of Karnataka)
(Affiliated to Bangalore University & NAAC accredited)
ISO Certified 21001 : 2018
Jindal Nagar, Tumkur Road, Bengaluru - 560073

NSS NCC & YRC
IN ASSOCIATION WITH IQAC

 **WORLD AIDS DAY** 

JOINS IN THE OBSERVANCE OF THE
DECEMBER 01

WORLD AIDS DAY
THEME: "END INEQUALITIES"
CHIEF GUEST:
Dr. KARTHAVYA
PRAKRIYA HOSPITAL

Date : 01st DECEMBER 2021 Time: 10.00AM.

VENUE JCW AUDITORIUM **ORGANIZING TEAM:** NSS, NCC, YRC **Prof. VEENA T** PRINCIPAL





Webinar on “End Inequalities” International World AIDS Day





Awareness rally on World AIDS Day



Under Single Usage Plastic Ban



Gandhi Jayanathi Celebration and Swachatta Activity



JINDAL COLLEGE FOR WOMEN
(Recognized by Govt. of Karnataka)
(Affiliated to Bangalore University & NAAC accredited)
Jindal Nagar, Tumkur Road, Bengaluru - 560073

Vivekananda Study Cell, NSS, NCC & YRC
in association with IQAC
Organizes

Webinar on account of National Youth Day
**MANAGEMENT LESSONS FROM THE
LIFE OF SWAMI VIVEKANANDA**



Resource Person
Mr.B.B. Venkatesh
Professor
Institute of Finance and
International Management

Date: 12th January 2022
Platform 

Time : 03:20 pm

Convenor
Mrs. Latha H R
Secretary- Vivekananda Study Cell &
HOD, D.O Comp. Applications

Mrs.Divya K.B
IQAC Co-ordinator

Prof. Veena T
Principal

*Virtual National Youth Day Celebration on the topic of “Management Lessons
from the Life of Swami Vivekananda”*





Baba Saheb Dr. B R Ambedkar Jayanthi Celebration



International Yoga Day



Independence Day Celebration





Self Defence training Program



Har Ghar Tirang Program at Vidhanasoudha

